

Stapeley Broad Lane CE Primary School Academy

Sport Strategy

April 2013, Sport Subject Leader (Marco Cura)

Introduction

At Stapeley Broad Lane we believe that Physical Education (PE) is essential to the development of the whole child, through the use and knowledge of the body and its movement. It provides the foundation for a healthy lifestyle and promotes character building, co-operation, team building, social skills and self esteem.

Consideration should be given to those with special educational needs, and those who are gifted and talented. We acknowledge that many of our children are involved in physical activities outside school; we commend this and recognise their achievements. We also encourage children to participate in the extra - curricular activities which are offered at Stapeley Broad Lane.

Benefits of PE and Sports

- Playing sport is fun. It gives children something to aim for and, in team sports, a group to belong to.
- Research has found that children who play sports, especially girls, are more likely to have a positive body image and higher self-esteem. They are also less likely to be overweight.
- Children involved in sport are less likely to take drugs or smoke because they are aware of the impact these can have on their sporting performance.
- Physical activities are a good way to relieve stress and reduce depression.
- Sports help children develop discipline. They learn to set goals and then work to achieve them. They learn that by working hard they can accomplish the things they want to in their lives.
- Children who play sports quickly learn that sometimes you win and sometimes you lose. They learn to be a good sport in both situations. It also helps them to deal with disappointment.
- Statistics show that children who are involved in sports while in school are more likely to experience academic success.
- Sports help develop teamwork and leadership skills. Children quickly learn that they have to work together as a team to win the game.
- Motor skills, strategic thinking and even maths skills are learned by playing sports.
- Regular exercise increases quality of life. Children who exercise are more likely to continue to practice into adulthood.

Strategic aims of PE at Stapeley Broad Lane

Through the teaching of PE at Stapeley Broad Lane Primary Academy we:

- promote excellence and enjoyment
- have regard for Equal Opportunity and Inclusion
- promote physical fitness, healthy lifestyle and body awareness
- develop social co-operation and positive attitudes and encourage pupils to compete with a sense of fair play
- develop specific physical skills and an appreciation of their purposes
- ensure active participation in a variety of physical activities and challenges
- promote and develop safe practice in PE

How we intend to achieve the Strategic aims

At Stapeley Broad Lane, PE is taught primarily in mixed ability, mixed gender groups across Foundation Stage, KS1 and KS2. Time is allocated in order to maximise the available sessions in our school hall and to make effective use of our outdoor play areas and school field. Pupils in KS2 take part in swimming sessions which are taught by qualified instructors at Nantwich Swimming Pool.

We aim to provide 2 hours of high quality PE each week including changing time.

P.E. teaching is linked to the National Curriculum objectives as follows:

- to consolidate their skills and gain new ones, performing actions and skills with more consistency
- to plan and adapt strategies, tactics and ideas and apply rules for different activities
- to identify what makes a performance effective and suggest improvements based on this information
- to understand how exercise affects the body, how to warm up, why physical activity is good for their health and well being and why wearing appropriate clothing is necessary for their health and safety
- to develop the ability to work independently, and communicate with and respond positively towards others
- to promote an understanding of safe practice, and develop a sense of responsibility towards their own and other's safety and well being

In the main, teaching staff are responsible for planning and delivering lessons to their own class ensuring that all the elements of the PE curriculum are covered.

Sports Premium

During school years 2013/14 and 2014/15, the government will provide all primary schools with Sports Premium money to support the delivery and provision of high quality

sports opportunities and development in all pupils. We intend to use our money to appoint a part-time PE teacher to:

- work alongside class teachers to provide better pupil-teacher ratios
- provide INSET for all class teachers
- operate as a role model for pupils and teachers
- deliver high quality inter-house sports competitions
- provide a wider range of sports opportunities after school
- support the sports subject lead in developing outstanding provision and opportunity across the school.

The impact of this funding and appointment will be monitored by the sports subject lead and link governor.

Assessment

Teachers assess pupil's progress in PE against National Curriculum levels through observations of the children's performance over a period of time and across the full range of physical activities undertaken in a year's learning. This process is supported by opportunities to observe pupils in PE when being supported by trained coaching staff.

Resources

Resources for indoor PE are stored in the hall and outdoor equipment is stored in the shed on the playground.

Monitoring and Review

The PE Subject Leader is responsible for monitoring the standards of pupils' PE and the quality of PE teaching. The PE Subject Leader will support colleagues in the teaching of PE, by arranging training, giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school.

School Sports Competitions

Children at Stapeley Broad Lane will have various opportunities to participate in a range of intra and inter sports competitions. These events give the children the opportunity to demonstrate their skills in a safe yet competitive environment, both against their peers and also children from other local schools.

Outside Agencies

Stapeley Broad Lane actively encourages other sporting organisations such as the FA and England Hockey to deliver high quality coaching sessions when available.

This strategy is reviewed annually.