Personal Social Health Education at Stapeley Broad Lane C of E Primary School

		Why? and How?
Intent	"Guided by faith, nurturing hearts and minds"	Our intention is that when children leave SBL, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. In an ever–changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being. Our PSHE framework develops the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles within a global community. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life. Our Relationships and Sex Education teaching enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.
	Pupils are taught PSHE using 3 Dimensions which is a spiral, progressive scheme of work, covering all of the above using meaningful contexts to teach pupils how to look after themselves, how to relate to others and how to contribute positively, developing an all-round sense of wellbeing. There is a strong emphasis on emotional Literacy, building resilience and nurturing mental and physical health. My Happy Minds runs alongside and supports children's mental health and well being in school. PSHE is taught through 3 Dimension's six half termly themes: Being Me in My World; Differences (including anti-bullying); Dreams and Goals; Healthy Me; Relationships; Changing Me (including Sex Education). All year are covering PSHE weekly through 1 hour teaching slots. The curriculum also identifies links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.	
Implementation		
	How we monitor standards and the Impact of our PSHE curriculum	
curriculum helps children to protect themselves and others both online and offline, improves their character, resilience, academic attainment and employment prospects, with the greatest benefits ex		k in this changing world, helping to keep pupils safe, healthy and boosting their life chances. Our PHSE nselves and others both online and offline, improves their physical and emotional health, and develops at and employment prospects, with the greatest benefits experienced by the most disadvantaged pupils. r 'universal offer'. The Subject Leader monitors the effectiveness of the curriculum throughout the year d pupil voice.