Long Term Planning – 3D PSHE

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Nursery | Making Relationships  Self-Confidence and Self-Awareness | Self-Confidence and Self-Awareness | Self-Confidence and Self-Awareness | Managing Feelings / Behaviour | Managing Feelings / Behaviour | Managing Feelings / Behaviour |
| Reception | Making relationships | Making relationships  Self-confidence and awareness | Making relationships  Self-confidence and awareness  Managing Feelings / Behaviour | Self-Confidence and Self-Awareness | Self-Confidence and Self-Awareness  Managing Feelings / Behaviour | Making relationships  Self-confidence and awareness  Managing Feelings / Behaviour |
| Year 1 | Rules and Responsibilities  Keeping safe  Family and friends | Communication  Emotions | Hygiene  Healthy lifestyles  fairness | Bullying  Keeping safe | Fairness  Family and friends  Rules and responsibilities | Keeping safe  Money and finance |
| Year 2 | Family and friends  Fairness  Communities  Keeping safe | Fairness  Emotions  Communication | Hygiene  Keeping safe | Changing and growing  Healthy lifestyles | Bullying  Fairness  Communities | Changing and growing  Emotions  Money and finance  E&R |
| Year 3 | Safety  Rules and responsibilities | Healthy Relationships  Emotions | Health  Healthy Lifestyles | Communication  Diversity | Growing and Changing  First Aid | Healthy Lifestyles  Collaboration |
| Year 4 | Safety  Discrimination | Bullying  Emotions | Nutrition and Food | Communication  Emotions | Aspirations  Emotions | Similarities And Differences  Economic Awareness |
| Year 5 | Rules and responsibilities  Healthy relationships  Safety | Emotions  Diversity | Health  Safety | Health  Communications | Nutrition and food  Healthy relationships  SRA | Collaboration  Safety  SE |
| Year 6 | Aspirations  Safety | Similarities and Differences | Health  Healthy Relationships  E&R | Health  Healthy Relationships  E&R | Economic Awareness  E&R  SRA | Making Money  SE  SRA |