Long Term Planning – 3D PSHE

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Nursery | Making RelationshipsSelf-Confidence and Self-Awareness | Self-Confidence and Self-Awareness | Self-Confidence and Self-Awareness | Managing Feelings / Behaviour | Managing Feelings / Behaviour | Managing Feelings / Behaviour |
| Reception | Making relationships | Making relationshipsSelf-confidence and awareness | Making relationshipsSelf-confidence and awarenessManaging Feelings / Behaviour | Self-Confidence and Self-Awareness | Self-Confidence and Self-AwarenessManaging Feelings / Behaviour | Making relationshipsSelf-confidence and awarenessManaging Feelings / Behaviour |
| Year 1 | Rules and ResponsibilitiesKeeping safeFamily and friends | CommunicationEmotions | HygieneHealthy lifestylesfairness | BullyingKeeping safe | FairnessFamily and friendsRules and responsibilities  | Keeping safeMoney and finance  |
| Year 2 | Family and friendsFairnessCommunitiesKeeping safe | FairnessEmotionsCommunication | HygieneKeeping safe | Changing and growingHealthy lifestyles | Bullying FairnessCommunities  | Changing and growingEmotionsMoney and finance E&R |
| Year 3 | SafetyRules and responsibilities  | Healthy RelationshipsEmotions | HealthHealthy Lifestyles | CommunicationDiversity | Growing and ChangingFirst Aid | Healthy LifestylesCollaboration  |
| Year 4 | SafetyDiscrimination  | Bullying Emotions | Nutrition and Food | CommunicationEmotions | Aspirations Emotions | Similarities And DifferencesEconomic Awareness |
| Year 5 | Rules and responsibilities Healthy relationshipsSafety | EmotionsDiversity  | HealthSafety | HealthCommunications  | Nutrition and foodHealthy relationships SRA | CollaborationSafetySE  |
| Year 6 | AspirationsSafety  | Similarities and Differences | HealthHealthy RelationshipsE&R | HealthHealthy RelationshipsE&R | Economic AwarenessE&RSRA | Making MoneySESRA |