Long Term Planning – 3D PSHE

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Nursery | Making RelationshipsSelf-Confidence and Self-Awareness | Self-Confidence and Self-Awareness | Self-Confidence and Self-Awareness | Managing Feelings / Behaviour | Managing Feelings / Behaviour | Managing Feelings / Behaviour |
| Reception | Making relationships | Making relationshipsSelf-confidence and awareness | Making relationshipsSelf-confidence and awarenessManaging Feelings / Behaviour | Self-Confidence and Self-Awareness | Self-Confidence and Self-AwarenessManaging Feelings / Behaviour | Making relationshipsSelf-confidence and awarenessManaging Feelings / Behaviour |
| Year 1 | Rules and ResponsibilitiesKeeping safeFamily and friendsCopyright andOwnership | CommunicationEmotionsSelf-Image and Identity | HygieneHealthy lifestylesFairnessManaging Online Information | BullyingKeeping safe4 Privacy and Security | FairnessFamily and friendsRules and responsibilities  | Keeping safeMoney and finance  |
| Year 2 | Family and friendsFairnessCommunitiesKeeping safeSelf-Image and Identity | FairnessEmotionsCommunicationOnline Relationships | HygieneKeeping safeOnline Reputation | Changing and growingHealthy lifestylesOnline Bullying | Bullying FairnessCommunities Managing OnlineInformation | Changing and growingEmotionsMoney and finance E&RCopyright andOwnershipPrivacy and Security |
| Year 3 | SafetyRules and responsibilities Self-Image and Identity | Healthy RelationshipsEmotionsOnline RelationshipsOnline Bullying | HealthHealthy LifestylesOnline ReputationManaging Online Information  | CommunicationDiversityHealth, Well-Being and Lifestyle  | Growing and ChangingFirst AidPrivacy and Security  | Healthy LifestylesCollaboration Copyright and Ownership |
| Year 4 | SafetyDiscrimination Online Relationships Online Bullying  | Bullying EmotionsHealth, Well-Being and Lifestyle  | Nutrition and FoodOnline Reputations Managing Online Information  | CommunicationEmotionsSelf Image and Identity  | Aspirations EmotionsCopyright and Ownership | Similarities And DifferencesEconomic AwarenessPrivacy and Security  |
| Year 5 | Rules and responsibilities Healthy relationshipsSafetyPrivacy and Security | EmotionsDiversity Self-Image and Identity | HealthSafetyOnline Reputation Managing Online Information  | HealthCommunications Health, Well-Being and Lifestyle | Nutrition and foodHealthy relationships SRACopyright and Ownership | CollaborationSafetySE Online Relationships Online Bullying  |
| Year 6 | AspirationsSafety Online Reputations Managing Online Information | Similarities and DifferencesOnline RelationshipsOnline BullyingVaping  | HealthHealthy RelationshipsE&RSelf Image and Identity Vaping  | HealthHealthy RelationshipsE&RHealth, Well-Being and LifestyleManaging Online Information | Economic AwarenessE&RSRAPrivacy and SecurityTough Topics  | Making MoneySESRACopyright andOwnershipTough Topics  |