Long Term Planning – 3D PSHE

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Nursery | Making Relationships  Self-Confidence and Self-Awareness | Self-Confidence and Self-Awareness | Self-Confidence and Self-Awareness | Managing Feelings / Behaviour | Managing Feelings / Behaviour | Managing Feelings / Behaviour |
| Reception | Making relationships | Making relationships  Self-confidence and awareness | Making relationships  Self-confidence and awareness  Managing Feelings / Behaviour | Self-Confidence and Self-Awareness | Self-Confidence and Self-Awareness  Managing Feelings / Behaviour | Making relationships  Self-confidence and awareness  Managing Feelings / Behaviour |
| Year 1 | Rules and Responsibilities  Keeping safe  Family and friends  Copyright and  Ownership | Communication  Emotions  Self-Image and Identity | Hygiene  Healthy lifestyles  Fairness  Managing Online  Information | Bullying  Keeping safe  4 Privacy and Security | Fairness  Family and friends  Rules and responsibilities | Keeping safe  Money and finance |
| Year 2 | Family and friends  Fairness  Communities  Keeping safe  Self-Image and Identity | Fairness  Emotions  Communication  Online Relationships | Hygiene  Keeping safe  Online Reputation | Changing and growing  Healthy lifestyles  Online Bullying | Bullying  Fairness  Communities  Managing Online  Information | Changing and growing  Emotions  Money and finance  E&R  Copyright and  Ownership  Privacy and Security |
| Year 3 | Safety  Rules and responsibilities  Self-Image and Identity | Healthy Relationships  Emotions  Online Relationships  Online Bullying | Health  Healthy Lifestyles  Online Reputation  Managing Online Information | Communication  Diversity  Health, Well-Being and Lifestyle | Growing and Changing  First Aid  Privacy and Security | Healthy Lifestyles  Collaboration  Copyright and Ownership |
| Year 4 | Safety  Discrimination  Online Relationships  Online Bullying | Bullying  Emotions  Health, Well-Being and Lifestyle | Nutrition and Food  Online Reputations  Managing Online Information | Communication  Emotions  Self Image and Identity | Aspirations  Emotions  Copyright and Ownership | Similarities And Differences  Economic Awareness  Privacy and Security |
| Year 5 | Rules and responsibilities  Healthy relationships  Safety  Privacy and Security | Emotions  Diversity  Self-Image and Identity | Health  Safety  Online Reputation  Managing Online Information | Health  Communications  Health, Well-Being and Lifestyle | Nutrition and food  Healthy relationships  SRA  Copyright and Ownership | Collaboration  Safety  SE  Online Relationships  Online Bullying |
| Year 6 | Aspirations  Safety  Online Reputations  Managing Online Information | Similarities and Differences  Online Relationships  Online Bullying  Vaping | Health  Healthy Relationships  E&R  Self Image and Identity  Vaping | Health  Healthy Relationships  E&R  Health, Well-Being and Lifestyle  Managing Online Information | Economic Awareness  E&R  SRA  Privacy and Security  Tough Topics | Making Money  SE  SRA  Copyright and  Ownership  Tough Topics |